Peggy was disgusted when she found roaches on her kitchen counter. She was worried her friends or neighbors would find out and think that she was messy! She called her best friend, Janet, for advice.

The NPIC specialist explained roaches can survive in clean homes and can sneak in by...

- Crawling through holes, cracks, and crevices where they can hide and find shelter too
- Moving from one apartment to another through shared wall openings
- Hitching rides on bags and containers

Peggy also learned that besides cleaning she could:

- Check warm and moist hiding places
- Fix water leaks
- Reduce food and water sources
- Cover food, pet food, and garbage cans
- Get rid of clutter
- Use sticky traps
- Use bait stations to target hidden roaches

Finally, the NPIC specialist told her that prevention and monitoring is the key. Peggy could:

- Check bags for roaches before bringing them inside
- Seal visible cracks and holes near doors, windows, baseboards, pipes, and electrical outlets
- Monitor for signs of roaches: eggs, droppings, & skins

Peggy found out that:

- Identifying the type of roach is very important
- Roaches look for food at night
- They also eat things like books and wallpaper glue!

She learned that, if she wanted, she could choose the least toxic options first and use pesticides as a last resort.

Thank you!

Always read and follow the label directions!

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