Jess’ children were going camping for a weekend. She was worried about mosquito bites and diseases.

Later at the store, Jess found too many options and ended up with more questions.

Jess called NPIC and learned the label has age restrictions and says how often to apply a repellent.

Jess found more ways to keep mosquitoes away:

* Wear long-sleeved shirts and pants
* Avoid outdoor activity at dawn and dusk
* Use screens or mosquito nets when sleeping
* Wear light color clothing

REMEMBER:

* Most repellents are for kids older than 2 months
* When in doubt: Check the label or talk to your pediatrician
* Applying more is NOT better
* Younger kids: Apply it for them
* Older kids: Supervise the application and make sure they wash their hands after
* Wash skin before bed time
* Do not use permethrin products on skin
* Apply sunscreen before repellent

(1) The CDC does not recommend products that contain both sunscreen and repellent

Always follow the label directions

Call NPIC for more information!

We will be happy to help you!

Photo credits, frames from left to right, top to bottom: 1) Right: Children, needles, photo; Camping, Brahms, photo; Mosquitoes, OpenClipart-Vectors, pixabay; Middle: Thoughtful woman, Sophieja23, pixabay; 1) Left: Spray can, mower, photo; Repellent label, NPIC, Magnifying glass, Statikos, pixabay; Burst background, Pixaline, pixabay; 2) Background, Didgeman, pixabay; 2) Left: Repellent application, James Gathany, US CDCP, pixnio; 2) Right: NPIC specialist at desk, NPIC; 3) Textured background, Voldfiepp, pixabay; 3) Left: Group, Lisa Sanphillippo, UW Botanic Gardens; 3) Right: Light colors - repellent application, Centers for Disease Control and Prevention; 4) Specialist, NPIC.